

## SAU 19 Parent/Guardian COVID-19 Screening Checklist

## Every morning before you send your student to school, please check the following:

L. In the last 48 hours, has your student experienced, or does he or she have, any of the following symptoms?



Fever > 100° or chills



Cough (especially new onset, uncontrolled cough)



Shortness of Breath or Difficulty Breathing



New Loss of Taste or Smell



**Sore Throat** 



Congestion or Runny Nose



Diarrhea, Vomiting, Nausea, or Abdominal Pain



Muscle or Body Aches or Fatigue



Headache (particularly new onset or severe headache)

- 2. Was your student in close contact (within 6 feet for more than 10 minutes) with anyone confirmed with COVID-19 within the last two weeks?
- 3. Has your student traveled outside of New England (NH, ME, MA, CT, RI or VT) in the last 14 days? This applies to private and/or public transportation.

A YES for Question 1 and/or 2: DO NOT send your child to school, stay home, and contact your healthcare provider.

A YES for Question 3: Requires self-quarantine for 14 days upon the return to New Hampshire.

\*Please note any student that develops any of the above symptoms during the school day will have a parent/guardian contacted immediately and will be dismissed with instructions to follow up with a healthcare provider.

\*If your child has a medical condition that may mimic symptoms of COVID-19, please work with your healthcare provider to obtain documentation for the school health office as soon as possible.